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We Will Be Heard”: Three Western Cape Women Lead the Fight Against Endometriosis



Paarl, South Africa — What began as pain, frustration, and silence has grown into a powerful movement led by three women determined to change how endometriosis is understood and treated in their community.

Meagan Tarryn Syfers, Adri Andrews, and Arlene are the driving forces behind Endo Sisters Western Cape, a support group founded in March 2025 to give a voice to women living with the often misunderstood condition. Together, they are not only sharing their personal journeys but also challenging stigma, gaps in healthcare, and a lack of awareness that continues to affect countless women across South Africa.

From Personal Pain to Collective Purpose

Each of the three women brings a deeply personal connection to the cause. For Syfers, the journey spans nearly two decades. Diagnosed at 19, she spent 13 years searching for effective treatment before undergoing a hysterectomy at 33, which led to early menopause. Despite multiple surgeries and serious health complications, she is also the mother

of two children she calls “miracle babies.”

Andrews’ experience began even earlier. Her symptoms started at just 10 years old, but it took years before she received a diagnosis. Now 47, she has undergone around 10 surgical procedures and continues to manage the condition daily. Arlene, a stage 4 endometriosis survivor of 24 years, reflects on a time when support simply did not exist. “I went through this illness alone,” she says. “That’s why I want other women to know they are not alone.” It was a shared moment of frustration that ultimately brought them together. After a particularly difficult healthcare experience, Andrews spoke out publicly only to discover how many women were facing the same struggles. “That’s when we realised something had to change,” the group explains. “As Meagan said, ‘We need a support group.’”

Living with an Invisible Illness

Endometriosis is a chronic condition where tissue similar to the lining of the uterus grows outside it, often causing severe pain, fatigue, and fertility challenges. Despite its impact, it is still

widely misunderstood.

“People think it’s just bad period pain,” the group says. “It’s not it’s a debilitating disease.” For all three women, the condition affects daily life in profound ways. Chronic pain, exhaustion, hormonal imbalances, and the unpredictability of flare-ups make even routine tasks difficult. Andrews explains that during severe episodes, even walking can become impossible. As someone who is self-employed, taking time off work directly impacts her income. Arlene highlights the broader toll: missed opportunities, financial strain, and the emotional burden of not being believed. “You may not look sick, but you are in constant pain,” she says.

A Healthcare System Under Pressure

One of the biggest challenges, they say, is the delay in diagnosis. It can take between seven and ten years for many women to receive confirmation of endometriosis. This delay is often caused by misdiagnosis, lack of awareness, and what the group describes as “medical gaslighting” where patients’ pain is dismissed or minimised. “There is a

serious lack of understanding,” they say. “Too many women are not taken seriously.” They also point to systemic issues within the public healthcare sector, including limited access to specialists, insufficient training among frontline staff, and flawed triage systems that leave patients feeling overlooked.

Breaking the Silence in the Western Cape

Through Endo Sisters Western Cape, the three women are working to change this reality. Their support group provides a safe space for women to share experiences, access information, and find emotional support. But their mission goes beyond support they are advocating for systemic change.

They are calling for:

- Greater awareness and education about endometriosis
- Earlier and more accurate diagnoses
- Increased research funding
- Access to specialised treatment and care
- Workplace policies that support those living with chronic illness

They also stress the importance of reaching underserved communities, where access to healthcare and information is often limited.

“We Just Want to Be Seen and Heard”

At the heart of their advocacy is a simple but powerful message: listen to women. Andrews recalls a recent moment with a healthcare worker who acknowledged her pain. “To be told, ‘I hear you and I see you,’ that meant everything,” she says. For the trio, that level of empathy should not be the exception, but the norm. Their work is already creating a ripple effect, encouraging more women to speak out and seek support. And while there is still a long road ahead, they remain determined. “We are going to make history,” they say.

By sharing their stories and standing together, Meagan Tarryn Syfers, Adri Andrews, and Arlene are ensuring that endometriosis is no longer ignored and that the women living with it are no longer invisible.

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**KAAPSE WYNLAND
DISTRIKSMUNISIPALITEIT**
KENNISGEWING
2024/2025 JAARVERSLAG
**KONSEP- 2026/2027 GOP WYSIGING
VAN DIE 2022/2023 TOT
2026/2027 GEÏNTEGREERDE
ONTWIKKELINGSPLAN (GOP)**
**KONSEP- 2026/2027 TOT
2028/2029 VEELJARIGE
MEDIUMTERMYNINKOMSTE- EN
UITGAWERAAMWERK (MTIUR)**
**KONSEP- 2026/2027 DIENSLIEWERING-
EN BEGROTINGS-
IMPLEMENTERINGSPLAN (DLBIP)**

Kennisgewing geskied hiermee ingevolge artikels 22(a), 121 en 129(3) van die Wet op Plaaslike Regering: Munisipale Finansiële Bestuur, 2003 (Wet No. 56 van 2003) en regulasie 3(4)(b) van die Plaaslike Regering: Munisipale Beplanning- en Prestasiebestuursregulasies, 2001, saamgelees met artikel 21(A) van die Wet op Plaaslike Regering: Munisipale Stelsels, 2000 (Wet No. 32 van 2000), dat die Raad onder Item R.15.1 van 26 Maart 2026 die konsep- 2026/2027 GOP Wysiging van die 2022/2023 tot 2026/2027 Geïntegreerde Ontwikkelingsplan (GOP), die konsep- 2026/2027 tot 2028/2029 Veeljjarige Mediumtermyninkomste- en Uitgaweraamwerk (MTIUR) vir die Kaapse Wynland Distriksmunisipaliteit (KWDM), asook die konsep- 2026/2027 Dienslewering- en Begrotingsimplementeringsplan (DLBIP) goedgekeur het.

Kennisgewing geskied verder hiermee ingevolge artikel 21A van die Wet op Plaaslike Regering: Munisipale Stelsels, 2000 (Wet No. 32 van 2000) saamgelees met artikel 127(5)(a) van die Wet op Plaaslike Regering: Munisipale Finansiële Bestuur, 2003 (Wet No. 56 van 2003) dat die 2024/2025 Jaarverslag op 26 Maart 2026 onder Item R.15.3 aan die Raad voorgeleë is.

Die konsep- 2026/2027 GOP Wysiging van die 2022/2023 tot 2026/2027 Geïntegreerde Ontwikkelingsplan (GOP), die konsep- 2026/2027 tot 2028/2029 Veeljjarige Mediumtermyninkomste- en Uitgaweraamwerk (MTIUR), die konsep- 2026/2027 Dienslewering- en Begrotingsimplementeringsplan (DLBIP) asook die 2024/2025 Jaarverslag is ter insae beskikbaar by die ondergemelde kantore van die Kaapse Wynland Distriksmunisipaliteit (KWDM), asook op die Kaapse Wynland Distriksmunisipaliteit (KWDM) se webwerf by www.capewinelands.gov.za:

- Du Toitstraat 29, Stellenbosch (Mnr. C.J.M. Arangie)
- Trappesstraat 51, Worcester (Ms. R.F.V. Carelse)
- Hoofstraat 194, Paarl (Ms. M. Marang)
- Munnikstraat 27, Ceres (Ms. C. Louw)
- Van Reenenstraat 40, Robertson (Mnr. J. van Zyl)

Openbare vertoë, insette en kommentaar oor die konsep- 2026/2027 GOP Wysiging van die 2022/2023 tot 2026/2027 Geïntegreerde Ontwikkelingsplan (GOP), die konsep- 2026/2027 tot 2028/2029 Veeljjarige Mediumtermyninkomste- en Uitgaweraamwerk (MTIUR), en die konsep- 2026/2027 Dienslewering- en Begrotingsimplementeringsplan (DLBIP) wat op 28 Mei 2026 vir goedkeuring deur die Raad oorweeg sal word, moet die Kantoor van die Munisipale Bestuurder voor 12:00 op Vrydag, 24 April 2026 bereik.

Enige persoon wat nie kan lees of skryf nie, persone met gestremdhede en mense uit benadeelde groep wat nie in staat is om skriftelike kommentaar te lewer oor die konsep- 2026/2027 GOP Wysiging van die 2022/2023 tot 2026/2027 Geïntegreerde Ontwikkelingsplan (GOP), die konsep- 2026/2027 tot 2028/2029 Veeljjarige Mediumtermyninkomste- en Uitgaweraamwerk (MTIUR), en die konsep- 2026/2027 Dienslewering- en Begrotingsimplementeringsplan (DLBIP) kan die hulp van bogemelde persone aanvra om hulle insette of kommentaar aan te teken en aan die Distriksmunisipaliteit voor te lê.

Navrae kan gerig word aan: Die Munisipale Bestuurder, Kaapse Wynland Distriksmunisipaliteit, Posbus 100, Stellenbosch 7599, telefoon 0861 265 263, of per e-pos: admin@capewinelands.gov.za

**H.F. PRINS
MUNISIPALE BESTUURDER**
Kaapse Wynland
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**CAPE WYNELANDS
DISTRICT MUNICIPALITY**
NOTICE
2024/2025 ANNUAL REPORT
**DRAFT 2026/2027 IDP AMENDMENT
OF THE 2022/2023 TO 2026/2027
INTEGRATED DEVELOPMENT PLAN**
**DRAFT 2026/2027 TO
2028/2029 MULTI-YEAR MEDIUM
TERM REVENUE AND EXPENDITURE
FRAMEWORK (MTREF)**
**DRAFT 2026/2027 SERVICE
DELIVERY AND BUDGET
IMPLEMENTATION PLAN (SDBIP)**

Notice is hereby given in terms of sections 22(a), 121 and 129(3) of the Local Government: Municipal Finance Management Act, 2003 (Act No. 56 of 2003) and regulation 3(4)(b) of the Local Government: Municipal Planning and Performance Management Regulations, 2001 read together with section 21(A) of the Local Government: Municipal Systems Act, 2000 (Act No. 32 of 2000) that Council at Item C.15.1 of 26 March 2026, approved the draft 2026/2027 IDP amendment of the 2022/2023 to 2026/2027 Integrated Development Plan (IDP), the draft 2026/2027 to 2028/2029 Multi-year Medium-Term Revenue and Expenditure Framework (MTREF) for the Cape Winelands District Municipality (CWDM) as well as the draft 2026/2027 Service Delivery and Budget Implementation Plan (SDBIP).

Notice is further given in terms of section 21A of the Local Government: Municipal Systems Act, 2000 (Act No. 32 of 2000), read with section 127(5)(a) of the Local Government: Municipal Finance Management Act, 2003 (Act No. 56 of 2003) that the 2024/2025 Annual Report was tabled in the Council at Item C.15.3 of 26 March 2026.

The draft 2026/2027 IDP amendment of the 2022/2023 to 2026/2027 Integrated Development Plan (IDP), the draft 2026/2027 to 2028/2029 Multi-year Medium-Term Revenue and Expenditure Framework (MTREF), the draft 2026/2027 Service Delivery and Budget Implementation Plan (SDBIP) as well as the 2024/2025 Annual Report are available for inspection at the below-mentioned offices of the Cape Winelands District Municipality (CWDM) as well as on the Cape Winelands District Municipality (CWDM) website at www.capewinelands.gov.za:

- 29 Du Toit Street, Stellenbosch (Mr. C.J.M. Arangie)
- 51 Trappes Street, Worcester (Ms. R.F.V. Carelse)
- 194 Main Street, Paarl (Ms. M. Marang)
- 27 Munnik Street, Ceres (Ms. C. Louw)
- 40 Van Reenen Street, Robertson (Mr. J. van Zyl)

Public representations, inputs and comments on the draft 2026/2027 IDP amendment of the 2022/2023 to 2026/2027 Integrated Development Plan (IDP), the draft 2026/2027 to 2028/2029 Multi-year Medium-Term Revenue and Expenditure Framework (MTREF), and the draft 2026/2027 Service Delivery and Budget Implementation Plan (SDBIP) that will be considered for approval by the Council on 28 May 2026, must reach the Office of the Municipal Manager before 12:00 on Friday, 24 April 2026.

Any person who cannot read or write, people living with disabilities and people from disadvantaged groups who are unable to submit written comments on the draft 2026/2027 IDP amendment of the 2022/2023 – 2026/2027 Integrated Development Plan (IDP), the draft 2026/2027 to 2028/2029 Multi-year Medium-Term Revenue and Expenditure Framework (MTREF), and the draft 2026/2027 Service Delivery and Budget Implementation Plan (SDBIP) may seek the assistance from the persons indicated above, to have their input or comments recorded and submitted to the District Municipality.

Enquiries may be directed to: Municipal Manager, Cape Winelands District Municipality, P.O. Box 100, Stellenbosch, 7599, telephone 0861 265 263, or via e-mail: admin@capewinelands.gov.za

**H.F. PRINS
MUNICIPAL MANAGER**
Cape Winelands
District Municipality
46 Alexander Street
Stellenbosch 7600



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Leerders leer waarde van herwinning tydens Wêreldherwinningsdag



CERES – Die Wêreldherwinningsdag, wat jaarliks op 18 Maart gevier word, is vanjaar prakties gevier toe Graad 6-leerders van Bella Vista Laerskool eerstehands blootstelling aan afvalbestuur en herwinning ontvang het.

Die inisiatief is aangebied deur die Kaapse Wynland Distriksmunisipaliteit (KWDM) se Munisipale Gesondheidsdienste in samewerking met Witzenberg Munisipaliteit, as deel van die Ceres'ly Clean, Ceres'ly Green-veldtog.

Die program het by die plaaslike materiaalherwinningsfasiliteit (MERF) plaasgevind, waar leerders die geleentheid gehad het om die herwinningsproses van nader te beleef. Demonstrasies het gewys hoe verskillende tipes afval gesorteer en verwerk word vir hergebruik.

Die veldtog fokus op omgewingsvolhoubaarheid en sluit gemeenskapsopruimings, bewusmaking oor herwinning en boomplantprojekte in. Volgens organiseerders is die doel om jongmense reeds op skoolvlak bewus te maak van hul rol in die beskerming van die omgewing.

Tydens die besoek is die kernbeginsels van

verantwoordelike afvalbestuur – verminder, hergebruik, herwin en respekteer – beklemtoon. Leerders is ook aangemoedig om hierdie beginsels in hul daaglikse lewe toe te pas, by die huis sowel as by die skool.

Omgewingsgesondheidspraktisyns van KWDM het die belangrikheid van 'n skoon en gesonde omgewing onderstreep en verduidelik hoe verkeerde afvalbestuur 'n negatiewe impak op gemeenskappe kan hê.

Die uitvoerende burgemeester van KWDM, Elna von Schlicht, het in 'n onlangse onderhoud gesê inwoners moet hul ingesteldheid teenoor afval verander.

“Daar is nie 'n 'weg' vir vullis nie – dit moet êrens heen gaan. Ons moet almal verantwoordelikheid neem en begin by ons eie huise. 'n Skoon omgewing begin by elkeen van ons,” het sy gesê.

KWDM het bevestig dat soortgelyke bewusmakingsinisiatiewe voortgesit sal word om gemeenskappe aan te moedig om meer volhoubaar te leef.


**KAAPSE WYNLAND
DISTRIKSMUNISIPALITEIT**
KENNISGEWING
**AANSUIWERINGSBEGROTING TOENAME
IN BEFONDSING VIR DIE 2025/2026
FINANSIËLE JAAR**

Kennis geskied hiermee ingevolge artikel 28(2)(a) van die Wet op Plaaslike Regering: Munisipale Finansiële Bestuur, 2003 (Wet No. 56 van 2003) en regulasie 23(3) van die Munisipale Begrotings- en Verslagdoeningsregulasies 2008, dat die Raad by Item R.15.2 van 26 Maart 2026, 'n Aansuiweringsbegroting goedgekeur het vir 'n toename in befonding vir die 2025/2026 finansiële jaar.

Ingevolge artikel 21(A) van die Wet op Plaaslike Regering: Munisipale Stelsels, 2000 (Wet No. 32 van 2000), gelees saam met regulasie 26 van die Munisipale Begrotings- en Verslagdoeningsregulasies 2008, lê die gemelde Raadsbesluit en alle ander tersaaklike dokumentasie ter insae by die ondergemelde kantore van die Kaapse Wynland Distriksmunisipaliteit gedurende gewone kantoorure en is ook beskikbaar op die Kaapse Wynland Distriksmunisipaliteit se webwerf by www.capewinelands.gov.za:

- Stellenbosch (Du Toitstraat 29): Mnr. C.J.M. Arangie
- Worcester (Trappesstraat 51): Ms. R.F.V. Carelse
- Paarl (Hoofstraat 194): Ms. M. Marang
- Ceres (Munnikstraat 27): Ms. C. Louw
- Robertson (Van Reenenstraat 40): Mnr. J. van Zyl

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**CAPE WYNELANDS
DISTRICT MUNICIPALITY**
NOTICE
**ADJUSTMENTS BUDGET INCREASE IN
FUNDING FOR THE 2025/2026
FINANCIAL YEAR**

Notice is hereby given in terms of section 28(2)(a) of the Local Government: Municipal Finance Management Act, 2003 (Act No. 56 of 2003) and regulation 23(3) of the Municipal Budget and Reporting Regulations, 2008, respectively, that Council at Item C.15.2 of 26 March 2026, approved an Adjustments Budget for an increase in funding received for the 2025/2026 financial year.

In terms of section 21(A) of the Local Government: Municipal Systems Act, 2000 (Act No. 32 of 2000), read with regulation 26 of the Municipal Budget and Reporting Regulations 2008, the said Council resolution and all other relevant documents may be inspected at the under-mentioned offices of the Cape Winelands District Municipality during normal office hours and is also available on the Cape Winelands District Municipality's website at www.capewinelands.gov.za:

- Stellenbosch (29 Du Toit Street): Mr. C.J.M. Arangie
- Worcester (51 Trappes Street): Ms. R.F.V. Carelse
- Paarl (194 Main Street): Ms. M. Marang
- Ceres (27 Munnik Street): Ms. C. Louw
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RAADSVERGADERING: 28 APRIL 2026

Inwoners word hiermee in terme van die Wysigingswet op Plaaslike Regering: Munisipale Strukture (Wet 3 van 2021) in kennis gestel dat 'n Gewone Raadsvergadering op **Dinsdag, 28 April 2026**, om 09:30 in die Raadsaal, 1 ste Vloer, Burgersentrum, Bergrivier Boulevard, Paarl, gehou sal word.

Lede van die publiek wat toegang tot die vergadering verlang moet na Corne.vanEeden@drakenstein.gov.za RSVP teen nie

later as 10:00 op **Woensdag, 22 April 2026**, nie. Toegang mag weens praktiese redes beperk word.

DR J H LEIBBRANDT
STADSBEESTUURDER

Don't wait! Late online applications for Grade R, 1 and 8 close on 17 May 2026



The on-time applications window for Grade R, 1 and 8 in 2027 closed at midnight on 14 April 2026, and the parents of 166 144 learners applied on time for a place in a school next year.

We thank these parents for taking responsibility and applying on time, to help us plan for a place in a school for their children.

Parents who did not apply by the on-time application deadline will still be able to submit late applications online until 17 May 2026. Late applications will only be considered by schools after the applications received during the on-time window have been considered.

Don't wait!

Next steps for on-time applications
Schools will now apply their admissions policies to all the applications they received during the on-time window.

The outcomes of these applications will become available online from 28 May 2026 onwards, and

parents must confirm their choice of place by 15 June 2026.

Parents who receive multiple offers of acceptance but do not select one of those offers by 15 June 2026 will be automatically confirmed to their top-ranked choice. Parents who wish to transfer their child to a different school for Grades 2 – 7 or 9 – 12 next year due to relocation will have the opportunity to submit a transfer request between 3 August 2026 and 17 August 2026.

We will remind parents of all the relevant dates closer to the time.

We urge all parents who have applied to let us know if their contact details change, so that we have the correct details when the outcomes of applications are made available.

Thank you to all the parents, school management teams and officials who have worked so hard to ensure that the on-time admissions window has run smoothly!

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NOTICE: SARON LAND CLAIM COMMUNITY – VERIFICATION EXERCISE

Was your family affected by the **dispossession of land rights in Saron between 1927 and 1963?**

The Commission on Restitution of Land Rights assists people who lost land rights and who lodged claims before 31 December 1998, to process their claims.

Two land claims were lodged on 11 August and 28 September 1998 with the Regional Commissioner in the Western Cape on behalf of **approximately 450 households who lived on Farm 40 in the Saron community between 1927 and 1963.**

The Regional Commissioner is currently **updating verification records**. Households that have previously been verified need to confirm that their information is still valid, and those **who did not participate before, are now encouraged to**, and given the opportunity to **do so**. This helps ensure that everyone who was affected is included.

Only verified households will later be invited to participate in the options workshop, which includes land restoration, financial compensation, or a combination of both depending on what the verified community chooses.

It is therefore very important that all households participate in the verification process.

Verification will take place:

Tuesday, 14 April – Sunday, 19 April 2026

08:30 – 21:00 daily

Saron Sports Complex Hall

For more information, contact Mr Bazil Swartz at 082 562 6059 or Ms Williams at 082 574 9164.

Make sure your household is verified – do not miss this important opportunity!

New partnership to open doors for vulnerable youth

A new 10-year partnership between the Western Cape Government and the Interactive Science Foundation is set to unlock internship opportunities and pathways to employment for young people, and to support vulnerable communities across the province via the Cape Care Fund.

A Memorandum of Agreement was signed on Tuesday, 14 April 2026 to solidify the partnership between the Western Cape Department of Social Development (WCDS), and the Interactive Science Foundation, operating as the Cape Town Science Centre.

The Cape Town Science Centre will make internships available to eligible young WCDS beneficiaries, who may not previously have had access to these types of life-changing opportunities that can improve their prospects of employability and success.

The programme will be operated from a building in Observatory that has been made available by the Western Cape Department of Infrastructure.

The Cape Town Science Centre has also agreed to invest in the Cape Care Fund, an initiative created by WCDS and The Health Foundation of South Africa, to help strengthen communities across the province by connecting donors to vetted, high impact social sector projects.

Cape Town Science Centre Managing Director, Steven Sack said: “The 14th April 2026 will go down in the history of the Interactive Science Foundation, as a watershed moment, in which a new relationship was ushered in between the Cape Town Science Centre, the Cape Care Fund and the Provincial Departments of Social Development

and Infrastructure. We were fortunate to have present at the signing ceremony, Prof Mike Bruton, who was the founding Director of our science centre, and in speaking, he confirmed the wisdom of having the Department of Social Development as the key strategic partner in Government.

“It was confirmed by all who attended that the idea of the Department of Infrastructure, to include the Department of Social Development was inspired. The inclusion of the Cape Care Fund, in the agreement, will be of significant benefit to the community of NPO’s that support the social programmes,” said Sack.

Western Cape Minister of Social Development, Jaco Londt said: “Partnerships are at the heart of what we do at the Cape Care Fund. By bringing together government, the private sector, and the non-profit sector, we are creating real, sustainable opportunities for young people who need them the most. This agreement is about more than training, it’s about helping young people build independent futures.”

Western Cape Minister of Infrastructure, Tertuis Simmers said: “While our primary mandate is the management of the provincial property portfolio, we recognise that our buildings are not just bricks and mortar; they are strategic tools for empowerment. By providing this space to the Interactive Science Foundation, we are enabling the Cape Town Science Centre to continue its vital work in promoting science literacy, education equity, and youth development. As the Department of Infrastructure, we are proud to provide the foundation, literally and figuratively, for this partnership.”

The Health Foundation of South Africa Chief Executive Office, Harry Grainger said: “The Health Foundation is extremely honoured to be part of this collaboration in support of the community needs through the Cape Care Fund.”

Mbekweni Basketball Club Back on Track After Major Upgrade



Lindile Sizani, head of the Mbekweni Basketball Club, also known as the “Shaq Squad,” faced a difficult situation over the past year. His boys’ and girls’ teams had been competing against clubs in the Western Cape, often travelling to Cape Town for games despite the cost and time involved.

However, things took a turn when the Cape Town Basketball Association (CTBA) told the club they could no longer play in their league because Mbekweni is outside the city limits. At the

same time, strong winds and poor maintenance caused the club’s basketball structures to collapse, leaving players with only one temporary hoop for practice.

Things changed for the better on 17 March 2026. Thanks to a private donation, four new basketball hoops were installed, creating two full courts.

One of the courts can also be used for netball. In addition, the Drakenstein Municipality fixed the lights around the courts and

nearby stadium, allowing games and practices to continue into the evening. The improvements have brought new energy and excitement to the club. Players are grateful to have proper facilities again and are eager to grow and compete at a higher level.

Lindile is now reaching out to other Western Cape teams and hopes to host competitive matches at the upgraded courts. With continued support from the Foxen family in Wellington and further fundraising efforts, the club aims to turn the

Mbekweni Courts into a popular local sports venue.

There are also plans to start a Winelands Basketball League, which could include up to six teams, as the club looks to grow the sport in the area.

For more information or to get involved, contact:

Lindile Sizani: sizanilindile13@gmail.com or Tim Foxen: twfoxen@gmail.com

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